This quarter we are highlighting our “Terrific Thursdays” workshops, which we are so excited to offer IN-PERSON in our new training room, located in suite 123 on the first floor of our office building, 1433 Hooper Avenue in Toms River. Come connect with your colleagues and participate in lots of hands-on activities as we come together again to learn together. Be sure to read all of the details on the calendar pages that follow.

**Super Schoolagers: Big Kid Activities - Cooking and Sewing**
Thursday, 4/20/23 7:00-9:00 PM  
Event ID: 135890

**Director’s Corner**
Thursday, 4/27/23 6:30-8:00 PM  
Event ID: 135025

**Strengthening Families: Parental Resilience**
Thursday, 5/4/23 6:30-8:30 PM  
Event ID: 135724

**Strengthening Families: Parenting & Child Development**
Thursday, 5/18/23 6:30-8:30 PM  
Event ID: 135721

**The Magic of Mindfulness**
Thursday 5/25/23 6:30-8:30 PM  
Event ID: 135878

**Strengthening Families: Concrete Supports in Times of Need**
Thursday, 6/1/23 6:30-8:30 PM  
Event ID: 135722

**Moving & Grooving: Music & Movement for Preschoolers**
Thursday 6/8/23 6:30 PM - 8:30 PM  
Event ID: 135877

**Strengthening Families: Children’s Social & Emotional Competence**
Thursday, 6/15/23 6:30-8:30 PM  
Event ID: 135725

**Strengthening Families: Social Connections**
Thursday, 6/29/23 6:30-8:30 PM  
Event ID: 135723
Understanding & Utilizing the NJ PS Teaching & Learning Standards
Tuesday 4/4/23 6:30-8:30 PM   Event ID: 135048
We will provide you with a digital copy of the standards and help you navigate through all of the information they contain. Together we’ll discuss how to make them part of your curriculum, your assessments, and your everyday activities in your 3 and 4-year-old classroom.

Family Child Care Business Boot Camp
Session 1: Marketing   Event ID: 135946
Monday 4/17/23 6:30-8:30 PM Part 1
Monday 4/24/23 6:30-8:30 PM Part 2
This 6 session series is just for FCC providers - based on the books authored by Tom Copeland – the guru of family child care business topics! This month’s topic focuses on best practices for marketing your business. You must attend part 1 & part 2 to receive credit.

Grow NJ Kids Info Session
Tuesday 4/18/23 6:30-7:30 PM   Event ID: 135026
Come find out what GNJK is all about, what’s in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

Infant Toddler Supports Info Session
Tuesday 4/18/23 7:30-8:30 PM   Event ID: 135027
Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we’ll work with you to create an individualized action plan and schedule an appointment to get started!

Strengthening Families Overview: The 5 Protective Factors
Thursday, 4/20/23 6:30-8:30 PM   Event ID: 135030
Strengthening Families is a research-informed, strengths-based approach that prevents child abuse and neglect by focusing on the well-being of all families. Here you will learn more about how you can help your families raise happy healthy children that are ready for success. Each of the protective factors is essential, but most important is what they do together to build strength and stability in families.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org*
Super Schoolagers: Big Kid Activities - Cooking and Sewing
Thursday, 4/20/23 7:00-9:00 PM    Event ID: 135890
IN-PERSON Terrific Thursday Event
Join us for some hands-on fun as we explore simple and safe cooking and sewing projects you can do with your schoolagers. We will share LOTS of creative ideas and you will have a chance to make a few of your own. Bring a good pair of adult scissors, you will receive a supplies kit to take home. Space is limited to the first 12 who register.

Understanding & Utilizing the NJ Birth to 3 Guidelines
Monday, 4/24/23 6:30-8:30 PM    Event ID: 135959
We will provide you with a digital copy of the guidelines and help you navigate through all of the information they contain. Together we’ll discuss how to make them part of your infant toddler curriculum, assessments, and your everyday activities.

Director’s Corner
Thursday, 4/27/23 6:30-8:00 PM    Event ID: 135025
IN-PERSON Terrific Thursday Event
We have a special evening planned with Discount School Supply! You can look forward to getting crafty with a make & take, seeing some new products and how they may work for your program, refreshments and networking and giveaways! Come join us for our first in person meeting in 3 years - space is limited to the first 20 who register.

Child and Adult Care Food Program (CACFP): The Benefits and Steps to Getting Started
Monday, 5/1/23 12:30-1:00 PM    Event ID: 135960
Thinking about joining the Child and Adult Care Food Program (CACFP) but not sure how to get started? Learn how to successfully launch the program at your center, home or afterschool site. Find out how to find a sponsor and start getting financial reimbursement for meals you are already serving.

Conscious Discipline Overview for Directors
Tuesday, 5/2/23 1:00-2:00 PM Event ID: 135963 OR
Tuesday, 5/2/23 7:00-8:00 PM Event ID: 135964
This is exactly what you need during these difficult post-pandemic days! Conscious Discipline will change the way you think about challenging behaviors and help your teachers create a positive and supportive climate in their classrooms for all children. Come find out more about this program and how it can benefit you, your staff and all of the children in your care when you implement Conscious Discipline strategies throughout your school. Join us for one of these sessions will help you get ready to have your staff sign up for the entire series at the end of the month.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org
Strengthening Families: Parental Resilience

Thursday, 5/4/23 6:30-8:30 PM  
Event ID: 135724

IN-PERSON Terrific Thursday Event: The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on how we can help parents be more resilient to be able to take good care of their children even when experiencing a crisis by building their supports and dealing with day to day stress.

Outdoor Adventures Lunch & Learn Series 12:30-1:00/1:30-2:00

Mother Nature is a natural classroom! Give your lesson plans some fresh air by taking the classroom outdoors! Join us to learn terrific ways to incorporate outdoor exploration that can enhance your students’ learning.

Monday, 5/8/23  
Session 1: Nature Exploration  
Event ID: 135876

Tuesday, 5/9/23  
Session 2: Science Discoveries  
Event ID: 135901

Wednesday, 5/10/23  
Session 3: Gross Motor Fun  
Event ID: 135902

Thursday, 5/11/23  
Session 4: Outdoor Academics  
Event ID: 135903

Tips to Make Snacktime Easy, Fun & Nutritious

Tuesday, 5/9/23  7:00-7:30 PM  
Event ID: 135965

Tired of serving the same old snacks day in and day out? Breathe new life into your snack time routine with new, favorite go-to ideas for fun and healthy menu planning choices that are sure to become favorites at your center or in your child care home!

Developmentally Appropriate Practices - LOTS to HOTS

Wednesday, 5/10/23 6:30-8:30 PM  
Event ID: 135897

What do children need in their classroom in order to support optimal development? We will focus on strategies to help children move from LOTS (lower order thinking skills) to HOTS (higher order thinking skills). For directors and teachers working with 3 and 4-year-old children.

Grow NJ Kids Info Session

Thursday, 5/11/23 6:30-7:30 PM  
Event ID: 135026

Come find out what GNJK is all about, what’s in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org*
Infant Toddler Supports Info Session
Thursday, 5/11/23 7:30-8:30 PM  
Event ID: 135027
Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we’ll work with you to create an individualized action plan and schedule an appointment to get started!

Family Child Care Business Boot Camp  
Event ID: 135949
Session 2: Record Keeping  
Monday, 5/15/23 6:30-8:30 PM  Part 1
Monday, 5/22/23 6:30-8:30 PM  Part 2
This 6 session series is just for FCC providers - based on the books authored by Tom Copeland – the guru of family child care business topics! This month’s topic focuses on tracking expenses & best practices for record keeping for your business. You must attend part 1 & part 2 to receive credit.

ITERS-3: Interactions  
Monday, 5/15/23 6:30-8:30 PM  
Event ID: 135888
After a quick overview of the ITERS-3 (Infant Toddler Environmental Rating Scale), we will dive into the Interactions subscale to look at best practices for the infant & toddler classroom.

Supporting Dual Language Learners and Building Cultural Responsiveness series  
Event ID: 135898
Tuesday, 5/16/23 7:00-9:00 PM
Tuesday, 5/23/23 7:00-9:00 PM
Tuesday, 5/30/23 7:00-9:00 PM
This 3-part series is designed to help you think about ways to support the cultural identity of each child and family, and to promote anti-bias strategies in your classroom. You must attend all 3 sessions to receive credit.

Strengthening Families: Parenting & Child Development  
Thursday, 5/18/23 6:30-8:30 PM  
Event ID: 135721
IN-PERSON Terrific Thursday Event  
The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session will help you share knowledge of basic child development in order to help families have realistic expectations of their children and use parenting techniques and strategies that are developmentally appropriate.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org*
Director's Corner
Thursday, 5/25/23 6:30-8:00 PM Event ID: 135025
Share ideas with other directors and brainstorm what might work for you on different topics, and review the latest guidelines, info and updates.

The Magic of Mindfulness
Thursday 5/25/23 6:30-8:30 PM Event ID: 135878
IN-PERSON Terrific Thursday Event
Bring your yoga mat or towel and dress for comfort to learn effective ways to bring mindfulness into your classroom! Studies show that students who practice mindfulness on a regular basis have better attention spans for learning, can better self-regulate big emotions and have overall better health! Join us to learn best mindfulness practices for your classroom.

Conscious Discipline Lunch & Learn Series
TWTh 5/30/23 - 6/22/23 1:00-2:15 PM Event ID: 135962
Conscious Discipline will change the way you think about challenging behaviors and help you create a positive and supportive climate in your classroom for all children. This video driven series is grounded in brain research, and focused on helping you handle behavior guidance in a positive proactive way with every child. This is exactly what you need during these challenging post-pandemic days. You must attend all 12 sessions to receive professional development credit. There is only one event ID, you will only need to register once for the entire series.

Summer Camp: Making it work with Mixed Ages
Wednesday 5/31/23 7:00-9:00 Event ID: 135894
Keeping your program safe but still fun when you are working with mixed ages can be challenging but is absolutely possible. Join us as we look at how we can plan to keep everyone safe, busy and learning this summer! This workshop is great for directors, teachers and family child care providers to help with your plans as we get closer to the end of the school year.

Strengthening Families: Concrete Supports in Times of Need
Thursday, 6/1/23 6:30-8:30 PM Event ID: 135722
IN-PERSON Terrific Thursday Event The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. Every family needs support at some time or another. In this session we’ll discuss how we can help families find and access essential sources of help that in turn protect against stress.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org
Health and Safety, Early Childhood Development & Mandated Reporting Series  
Event ID: 135892

M 6/5/23 6:30-9:00 PM  
W 6/7/23 6:30-9:00 PM  
M 6/12/23 6:30-9:00 PM  
W 6/14/23 6:30-9:00 PM

This is a 4-session LIVE zoom series that covers all of the CCDBG required modules from the recorded version of this course. You MUST attend all 4 sessions to receive professional development credit and to complete the required 10 hour CCDBG coursework in Health & Safety, Child Development and Mandated Reporting.

Grow NJ Kids Info Session  
Tuesday, 6/6/23 6:30-7:30 PM  
Event ID: 135026

Come find out what GNJK is all about, what’s in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

Infant Toddler Supports Info Session  
Tuesday, 6/6/23 7:30-8:30 PM  
Event ID: 135027

Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we’ll work with you to create an individualized action plan and schedule an appointment to get started!

Moving & Grooving: Music & Movement for Preschoolers  
Thursday 6/8/23 6:30 PM - 8:30 PM  
Event ID: 135877

IN-PERSON Terrific Thursday Event
Get up and MOVE! Join us to learn new, fun, effective movement activities that can promote health and physical fitness in the classroom. Learn ways to incorporate music in your classroom to enhance learning as well as how to use auditory transitioning cues and how music can help children in the classroom self-regulate big emotions.

Strengthening Families: Children’s Social & Emotional Competence  
Thursday, 6/15/23 6:30-8:30 PM  
Event ID: 135725

IN-PERSON Terrific Thursday Event  
The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on strategies to help families understand the importance of helping children become more capable of handling life’s challenges both socially and emotionally as they grow by teaching children how to recognize and regulate their emotions, establish and maintain relationships with others and engage in problem solving and conflict resolution.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org*
Family Child Care Business Boot Camp  
**Session 3: Contracts & Policies**  
Event ID: 135950  
Monday 6/19/23 6:30-8:30 PM  Part 1  
Monday 6/26/23 6:30-8:30 PM  Part 2  
This 6 session series is just for FCC providers - based on the books authored by Tom Copeland – the guru of family child care business topics! This month we focus on financial documents and family policies for your business. You must attend part 1 & part 2 to receive credit.

**Professionalism in Early Childhood Education**  
Event ID: 135875  
Tuesday 6/20/23 6:30-8:30 PM  
Join us as we share tips and strategies for how to put your best foot forward while working with parents, colleagues and administrators as an early childhood professional. We will touch on best practices on a wide variety of topics, from appropriate clothing to zoom etiquette.

**Healthy Kids Healthy Futures**  
Event ID: 135891  
Wednesday 6/21/23 7:00-9:00 PM  
**IN-PERSON Event**  
Our children are suffering from an obesity epidemic - and the pandemic has only made it worse. Together we will review the top five health goals for young children and the best practices under each goal. We will explore common challenges providers face and share suggestions for overcoming resistance. You will receive a handbook filled with practical strategies and try out some easy fun games to get kids moving and some healthy snack choices. Dress comfortably and wear your sneakers!

**Director’s Corner**  
Event ID: 135025  
Thursday, 6/22/23 6:30-8:00 PM  
Share ideas with other directors and brainstorm what might work for you on different topics, and review the latest guidelines, info and updates.

**ECERS-3: Interactions**  
Event ID: 135887  
Monday, 6/26/23 6:30-8:30 PM  
After a quick overview of the ECERS-3 (Early Childhood Environmental Rating Scale), we will dive into the Interactions subscale to look at best practices for the preschool classroom.

**Strengthening Families: Social Connections**  
Event ID: 135723  
**IN-PERSON Terrific Thursday Event**  
The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on helping families recognize and build a social network of emotionally supportive friends, family and neighbors to help make it easier to care for their children and themselves, particularly during stressful times.

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org*
First Aid and CPR:
First Aid & CPR is offered to Ocean County programs IN PERSON at our office monthly at the cost of $60. If you are currently a licensed and registered FCC or FFN with our agency, there will be no charge for you, your substitute, and/or alternate provider. If you are in the process of becoming a licensed and registered FCC or FFN, it is required that you and your sub/alternate/assistant pay the $60 at the time of the training. Should you complete the application process within 3 months of completing the CPR training, the money will be returned to you. If you fail to complete the application process, 3 months from the date of the training the money is forfeited and you will not receive the reimbursement. Please mail or drop off payment in advance to Chantele McAllister at: CHS of NJ 1433 Hooper Ave. Suite 340 Toms River, NJ 08753
Thursday 4/6/23 5:30-8:30 PM
Thursday 5/11/23 5:30-8:30 PM
Thursday 6/22/23 5:30-8:30 PM
Register for FA & CPR in NJCCIS, all sessions have the same event ID: 135111

*If you have questions or need assistance registering for any of these courses, please reach out to TTorrquato@chsofnj.org
CHS of NJ Training at A Glance Schedule April - June 2023
Workshops with an * are IN PERSON in the 1st floor training room.
Be sure to refer to the training calendar for complete information and event ID numbers.

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If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org
The workshops on this page are offered by our training partners. All are online via zoom. You must register at njccis.com in advance. Sessions may be canceled due to low enrollment.

To register, log into your NJCCIS account, click on “registry, then “find professional development”, then scroll down and click on “add search criteria”, click on “select field to search”, choose “class ID” and type in the class ID provided. Scroll through to choose the date/time that works best for you.

Health Safety & Child Development & Mandated Reporting– CCDBG course
Class ID: 104658 (English)  Class ID: 104659 (Spanish)

Health, Safety and Child Development Refresher
Class ID: 102953 (English)  Class ID: 103693 (Spanish)

Dual Language Learners & Cultural Responsiveness
Class ID: 97096 (English)  Class ID: 98388 (Spanish)

NJ Birth to Three Learning Standards Overview
Class ID: 97469 (English)  Class ID: 98874 (Spanish)

NJ Preschool Teaching & Learning Standards Overview
Class ID: 98873 (English)  Class ID: 101102 (Spanish)

ASQ Developmental Screening Tool – Live Virtual
Class ID: 102226 (English)  Class ID: 103038 (Spanish)

ITERS-3 Online Overview  Class ID: 96908
ECERS-3 Online Overview  Class ID: 88135
FCCERS-3 Online Overview  Class ID: 104624
PAS Online Overview  Class ID: 85640
Evaluating & Supporting Early Childhood Educators  Class ID: 102586
Caring Staff/Child Relationships  Class ID: 102158
What is Infant Mental Health?  Class ID: 85506

Early Childhood Inclusion: Meeting the Needs of Children with Differing Abilities  Class ID: 95124

Early Childhood Inclusion: Specific Strategies  Class ID: 96968
Challenging Behavior: What it Means & What to Do  Class ID: 85521
Understanding Licensing Regulations  Class ID: 103267

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org
The workshops on this page are offered by our training partners. All are online via zoom. You must register at njccis.com in advance or the session may be canceled.

To register, log into your NJCCIS account, click on “registry, then “find professional development”, then scroll down and click on “add search criteria”, click on ‘select field to search”, choose “class ID” and type in the class ID provided. Scroll through to choose the date/time that works best for you.

Accidents Do Not Need to Happen – Child Safety & Injury Prevention Class ID: 97385
Intentional Care for Infants & Toddlers Class ID: 102532
Intentional Teaching for PS Class ID: 102165
Foundations of Developmentally Appropriate Practices Class ID: 103694
FCC: Developmentally Appropriate Practices Class ID: 104546
Math, Science & Art for Infants, Toddlers & 2s Class ID: 102318
Math, Science and Art for PS Class ID: 102143
Infants & Toddlers: Language & Books Class ID: 102531
Infants & Toddlers: Challenging Behaviors Class ID: 102163
Planning Group Time for Diverse Learners Class ID: 105045
Afterschool 101: Foundations of Successful Afterschool Programming Class ID: 102961

Keeping Babies & Children in Mind Series:
Session 1 – Early Childhood Mental Health Class ID: 70422
Session 2 – Understanding Development Class ID: 70423
Session 3 – Understanding Behavior Class ID: 70424
Session 4 – The Impact of Trauma & Loss Class ID: 70425
Session 5 – The Importance of Relationships Class ID: 70426
Session 6 – The Importance of Culture Class ID: 70711
Session 7 – Reflective Practice Class ID: 70427

Pyramid Model Series:
Module 1 Workshop 1: Forming Nurturing and Responsive Relationships Class ID: 102187
Module 1 Workshop 2: Sustaining Nurturing and Responsive Relationships Class ID: 102188
Module 1 Workshop 3: Sustaining Relationships - Reducing Implicit Bias Class ID: 104448
Module 1 Workshop 4: Supporting Relationships through High Quality Environments Class ID: 102189
Module 2 Workshop 5: Pyramid Model as a Framework for Teaching SE Skills Class ID: 105021
Module 2 Workshop 6: Targeted Teaching of SE and Friendship Skills Class ID: 105022
Module 2 Workshop 7: Co- & Self-Regulation, Coping & Partnering with Families Class ID: 105023
Module 2 Workshop 8: Enhancing Emotional Regulation by Reducing Stressors Class ID: 105547

*If you have questions or need assistance registering for any of these courses, please reach out to TTorquato@chsofnj.org
Children’s Home Society of NJ is partnering with the Ocean County Chapter of NJAEYC for 2 special events coming up this quarter:

**Loving Literacy: A Make & Take Adventure**  
Event ID: 135944  
Monday 4/3/23 5:00-6:15 PM or 6:45-8:00 PM  
*in person event - Suite 123 First Floor, 1433 Hooper Ave, Toms River*  
Join us for an evening of conversation, snacks & creative make-and-take fun as you rotate between several stations to make some new materials you can use in your literacy center. Bring a cardboard box (about the size of a copy paper box), a cookie sheet and a good pair of adult scissors, and we will provide the rest of the materials - even the laminators to make your materials extra durable. Register for one of the 2 sessions, space is limited to 12 participants per session to avoid overcrowding, so first come/first served!

And save the date for:  
**The Ocean County Children’s Festival**  
& Budding Artist’s Gallery  
Saturday 5/6/23 11:00-3:00 PM  
*in person event - Toms River Library  
101 Washington St., Toms River*