

The Children's Home Society of New Jersey evaluates all of our services. We are honored to share some of our impact outcomes from June 1, 2019, through May 31, 2020.

Early Childhood and Parenting Education

Child Care Resource and Referral Services

- Supported 5,860 Ocean County families to access quality child care with licensed providers and child care subsidies, including 1,119 children of essential workers during the pandemic
- Helped 27 Family Child Care providers meet state requirements and register their home based business
- Provided information, referral, support and linkages to resources in response to 81,059 telephone and email requests

Community and Family Support

Family Success Centers

- Provided neighborhood based programming, helping 930 families to:
 - Link with formal and informal concrete supports
 - Increase social connections
 - Increase resilience
 - Advance their parenting skills
 - Increase nurturing and attachment in relationships with their children
- Provided support for community leaders through three Parent Advisory Boards, where families determine programming and establish direction for Family Success Centers

Senior Health Insurance Program

- Assisted 1,225 seniors and people living with disabilities enroll in Medicare, understand Medicare plan options, and resolve problems.
- Increased number of residents served over 2019 by 21%
- Provided 12,742 services for seniors with incomes below 150% the federal poverty level
- Provided 18,270 services for seniors for whom English is not their native language

Maternal and Child Health Services

Supplemental Nutrition Program for Women, Infants and Children (WIC)

- Helped 7,453 Mercer County residents from pregnancy to age five combat food insecurity by providing food, nutrition counseling and peer breastfeeding support
- Reduced prevalence of low hemoglobin by 3% among WIC women and babies
- Reduced prevalence of obesity, overweight and risk of overweight among children by 3%
- Decreased percent of children who routinely consume sugary drinks by 1%
- Provided bedside breastfeeding support in hospital following delivery

Prenatal Health Education and Access to Health Care

- Provided prenatal health education for 71 mothers and their partners through flagship CUNA and Body & Soul 12-session courses:

2019 – 2020 Impact Report

- ✓ 100% of babies born without a disability
- ✓ 91% full-term births
- ✓ 89% healthy birthweight babies
- ✓ 98% prenatal healthcare appointments kept by mothers
- ✓ 81% of mothers initiated breastfeeding
- ✓ 98% of mothers avoided harmful substances during pregnancy
- Provided free, confidential and multilingual pregnancy testing for 666 pregnant women while connecting them with prenatal medical care, WIC nutrition support and health insurance

AMAR Community Doula Program

- Provided 120 prenatal home visits and 106 postpartum home visits with Spanish-speaking and immigrant families
- Provided support during labor and delivery, assisting 38 mothers in delivering healthy babies:
 - ✓ 95% of mothers initiated skin-to-skin contact with their babies
 - ✓ 95% of the babies were born full-term with a healthy birthweight
 - ✓ 95% initiated breastfeeding
 - ✓ 71% births were not C-sections
 - ✓ 71% births were without epidural

Healthy Women, Healthy Families

- Assisted more than 2,524 girls and women ages 15 to 44 to access health care and social service resources
- Provided support for two county-wide Community Advisory Boards, facilitating residents to establish health and service priorities for their communities

Child Welfare Services, Adoption and Permanency

Birth Parent Counseling

- Counseled 30 pregnant teens and adults with histories of trauma, abuse, substance use, trafficking and homelessness
- Assisted mothers to secure quality housing, income supports and resources so they could safely parent their children
- Helped three mothers develop an adoption plan for their babies and select loving, permanent homes for them

Adoption Services

- Assisted 19 families with adoption services
 - ✓ 3 placements into nurturing, permanent homes
 - ✓ 9 families assisted with home studies, enabling them to be matched with children
 - ✓ 7 families assisted with post-placement home visits or supervision towards adoption finalization
- Completed 1,231 court and medical adoption reports helping children in the child welfare system to be formally adopted and receive documentation of their life story
- Assisted 67 adult adoptees and birth parents with searches for relatives

Kinship Services

Kinship Navigator Service

- Supported 1,082 grandparents, great grandparents and other relatives caring for children who have been separated from their parents by death, illness, substance use, incarceration, abuse and neglect
- Assisted 563 kinship caregivers, most living on limited fixed incomes, to secure \$281,500 to meet essential needs for their children

Kinship Legal Guardianship

- Assisted 126 caregivers to apply for Kinship Legal Guardian status, enabling them to make health and education decisions for children in their care

Clinical and Behavioral Health Services

Post Adoption Counseling Program

- Provided counseling and support for 96 families with 111 children
- Of families completing services and participating in follow-up assessments
 - ✓ 100% of children remained in adoptive or kinship home
 - ✓ 91% of caregivers and 76% of youth reported improvement in the caregiver-child relationship
 - ✓ 95% of families showed improvement in Child Well Being
 - ✓ 78% of children indicated that they had resolved issues related to birth family loyalty and ambiguity towards adoption or kinship legal guardianship

Therapeutic Visitation, Reunification and Intensive Counseling

- Provided counseling, visitation and reunification services for 116 families with 134 children
- Family progress assessed using validated and reliable tools for protective factors and indicators of family well-being such as:
 - ✓ Environment
 - ✓ Parental Capabilities
 - ✓ Family Interactions
 - ✓ Family Safety
 - ✓ Child Well-Being
 - ✓ Caregiver/Child Ambivalence
 - ✓ Readiness for Reunification
 - ✓ Trauma

School Based Services

Positive Impact – 21st Century Community Learning Centers

- Engaged 189 Trenton middle school students to actively participate in after school and virtual academic and enrichment activities
- English teachers reported 80% of students demonstrated improvement in academic practices (homework, classwork and engagement) and in behaviors (attitudes, disposition and interactions with classmates)
- Math teachers reported 92% of students demonstrated improvement in academic practices and 57% in behaviors
- 75% of teachers saw student in the program take on a new interest

2019 – 2020 Impact Report

- The 217 program activities helped students explore new interests and develop skills in the following areas:
 - ✓ Science, Technology, Engineering and Math (STEM) – 22%
 - ✓ Culture – 19%
 - ✓ Literacy – 18%
 - ✓ Health – 17%
 - ✓ Arts – 15%
 - ✓ Entrepreneurship – 9%

Trenton Education Dance Institute

- Integrated youth development, dance and journal writing to support 288 students from three Trenton elementary schools to develop executive function and teamwork skills
- Provided advanced dance instruction for 12 middle and high school students who learned choreography and engaged in residency with student musicians

Head Start and Early Head Start

Head Start for Preschool Age Children

- Provided center-based and virtual Head Start services for 270 preschool age children in the City of Trenton, including health, mental health, disability support and family advocacy services
- Spring 2020 assessment showed percent of children meeting and exceeding school readiness skills by developmental domain:
 - ✓ Social Emotional Skills – 86%
 - ✓ Physical Skills – 95%
 - ✓ Cognitive Skills – 89%
 - ✓ Language Skills – 86%
 - ✓ Literacy Skills – 85%
 - ✓ Math Skills – 77%
- 100% of Head Start classrooms scored above the national average when assessed for practices that promote Emotional Support and Instructional Support

Early Head Start for Infants, Toddlers and Pregnant Mothers

- Provided comprehensive support services for pregnant mothers and children from birth to age three in center-based and home based settings, including teen parents attending high school
- Home based services provide intensive support to 102 families, supporting parents as their child's first and best teachers. CHSofNJ cares for 30 babies at two nurturing centers.
- Babies in CHSofNJ Early Head Start thrive. At their most recent assessment, the percent of EHS infants and toddlers who met and exceeded age-appropriate skills:
 - ✓ Social Emotional Skills – 90%
 - ✓ Physical Skills – 94%
 - ✓ Cognitive Skills – 86%
 - ✓ Language Skills – 80%
 - ✓ Literacy Skills – 81%
 - ✓ Math Skills – 81%