

# What is the Early Head Start Home Based Program?

The Early Head/Early Childhood Home Based Program is a comprehensive education program, designed to meet the needs of Head Start eligible families of children from birth to age three and pregnant mothers. Early Head Start is aimed at enhancing the development of infant and toddlers while strengthening families.

## Our mission is:

- ♥ To enhance the development of children birth to three and promote school readiness
- ♥ To promote healthy prenatal outcomes for pregnant women
- ♥ To promote healthy parenting and parent self sufficiency

# Who do we serve?

Early Head Start Home Based Program serves:



- ♥ Children Birth to Age 3 years
- ♥ The Federal Poverty Guidelines income eligible
- ♥ Pregnant Women
- ♥ Infants and Toddlers with disabilities
- ♥ Foster Children
- ♥ Homeless Children

# Our Services



Early Head Start Home Based Program provides quality early childhood education with parents and children through interactive child development activities during:

**Weekly Home Visits:** Home Visitors provide educational experiences with children and parents in the home, 90 minutes per week. Early Head Start supports parents in their roles as their child's first and most important teacher.

**Group Socializations:** Parent and children attend socializations twice a month. Socializations are a time when parents and children participate in age appropriate child development activities that help children to develop new skills.

**Comprehensive Services:** Early Head Start provides comprehensive services to parents and children in the areas of **Education, Health, Nutrition, Mental Health, Disabilities and Social Services.**

**Pregnancy Home Visits:** Home Visitors provide educational prenatal visits with pregnant mothers twice a month for 90 minutes. Home visits focus on fetal development, health and nutrition; breastfeeding; labor and delivery; and postpartum care. Pregnant mothers may also participate in pregnancy groups and parent trainings.

## We provide:

- ♥ Individualized Lesson Planning
- ♥ Health and Nutrition Screening
- ♥ School Readiness Support
- ♥ Early Intervention Referrals and Linkages
- ♥ Social Services Referrals and Linkages
- ♥ Mental Health Support and Linkages
- ♥ Family Goal Planning
- ♥ Parent Education

**\*Our Program is Inclusive of Children with Disabilities**

# Parent Involvement in EHS

Parent Involvement is an integral part of the success of Early Head Start. Parents in Early Head Start take a leadership role by participating on various committees.

- ♥ Parents participate as decision makers
- ♥ Parents participate in program planning
- ♥ Parents participate in leadership training
- ♥ Parents work in partnership with staff and community leaders



# Who can Refer?

- ♥ Personal Referrals
- ♥ Prenatal Clinics and Hospitals
- ♥ Community Providers
- ♥ Clergy
- ♥ Local County and State Government
- ♥ School Personnel
- ♥ Homeless Shelters
- ♥ Other Social Service & Child Care Agencies

# Remember...

**E**arly Head Start Home Based Program enhances the lives of children and families through comprehensive services.

## Our Program helps you:

- ♥ Prepare for the successful birth of your baby
- ♥ Enrich your child's development through early learning
- ♥ Learn how to provide your child with a healthy and safe learning environment
- ♥ Reach family goals for success and independence
- ♥ Build confidence while learning more about yourself and your community

The Children's Home Society of NJ  
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Monday - Friday 9am - 5pm



The Children's Home Society

O F N E W J E R S E Y



The Children's Home Society

O F N E W J E R S E Y

Founded in 1894, The Children's Home Society of New Jersey is a nonsectarian, non-for-profit private agency that promotes the welfare of infants, children, adolescents and parents throughout New Jersey and Bucks County, Pennsylvania. As a comprehensive counseling, placement, parenting education and child care agency, CHS of NJ touches the lives of 84,000 children and families each year.

*We save children's lives and build healthy families.*

### Values

We value services that work, that are all evaluated, and that help children and parents to help themselves. Our services are delivered with dignity, cultural sensitivity and respect for our clients.

### Vision

Every child is in a safe, caring, and permanent family. All children and parents have the skills and knowledge they need to help themselves long after our active case involvement has ended.

### Major Service Areas

- ♥ Child Welfare/Permanency
- ♥ Clinical/Mental Health
- ♥ Early Childhood and Parenting Education
- ♥ Maternal/Child Health, Family & Community
- ♥ School Based
- ♥ Kinship
- ♥ Head start/ Early Head Start



*Licensed Adoption Agency in New Jersey and Pennsylvania  
CHSofNJ will not factor the Adoptive Family's race, ethnicity, national origin, religion, marital status, or sexual orientation into its decision to approve or not approve the Adoptive Family's home study.*

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[www.chsofnj.org](http://www.chsofnj.org)

[www.facebook.com/CHSofNJ](https://www.facebook.com/CHSofNJ)

# Early Head Start Home Based Program



*Setting the Standard in  
Early Childhood Education in  
Trenton through Comprehensive  
Home Based Services for  
Expectant Mothers and  
Children Birth to 3 years old*



The Children's Home Society

O F N E W J E R S E Y

*Saving Children's Lives and Building Healthy Families  
Since 1894*