



# March 2019

**Monthly Theme:**



To register for groups or to learn more about our center, call us at **609-695-6274** Ext: **117,130, 125** or visit us at **635 South Clinton Ave. Trenton, NJ**

All are welcome at the Family Success Center! Bring your family, friends & neighbors.

Please call us to add your family to our mailing or email list in order to receive our monthly calendar of Activities.



**From 9:30-12pm on:**

Friday: 3/22/19

Friday: 3/29/19

**From 10-12pm on:**

Tuesday: 3/12/19

Tuesday: 3/26/19

Monday 9-5 pm	Tuesday 9-7 pm	Wednesday 9-5 pm	Thursday 11-7 pm	Friday 9-5 pm	Saturday
	<p><b>NOTE: The groups with an asterisk (*) beside them are held offsite.</b></p>			<p><b>1</b> <b>*10-12pm*</b> Fun with Books &amp; Music</p>	<p><b>2</b> <b>*1pm-4pm*</b> Diapers Party Event</p>
<b>4</b>	<p><b>5</b> <b>10-12pm</b> People and Stories Session 1</p>	<p><b>6</b> <b>10-12pm</b> Horizon NJ Health Colorectal Cancer Workshop</p>	<b>7</b>	<p><b>8</b> <b>*10-12pm*</b> Fun with Books &amp; Music</p>	<b>9</b>
<b>11</b>	<p><b>12</b> <b>10-12pm</b> People and Stories Session 2 <b>5-7pm</b> Tutoring with STEMnaughts</p>	<p><b>13</b> <b>10-12pm</b> MYA</p>	<p><b>14</b> <b>4-6pm</b> Breast Cancer Awareness Presentation</p>	<p><b>15</b> <b>*10-12pm*</b> Fun with Books &amp; Music</p>	<b>16</b>
<b>18</b>	<p><b>19</b> <b>10-12pm</b> People and Stories Session 3</p>	<p><b>20</b> <b>*10-12pm*</b> Food for thought with Sesame Street</p>	<p><b>21</b> <b>4-6pm</b> Girl Scouts</p>	<b>22</b>	<b>23</b>
<b>25</b>	<p><b>26</b> <b>10-12pm</b> People and Stories Session 4 <b>5-7pm</b> Tutoring with STEMnaughts</p>	<p><b>27</b> <b>10-12pm</b> MYA</p>	<p><b>28</b> <b>10-12pm</b> Active Parenting Orientation</p>	<p><b>29</b> <b>4-6pm</b> PAB Meeting</p>	<b>30</b>

# March 2019 Activities and Services

To register for groups call us at **609-695-6274 Ext: 117, 129, 130** or visit us on Facebook @**HeritageSouthFamilySuccessCenter**.

**NOTE: The groups with an asterisk (\*) beside them are held offsite.**

## Parent Education/ Parent Child Activities



**\*Fun with Books and Music\*:** This interactive group is for children 0-5 years old. It will be a safe environment where parents and children can discover new things through books, stories, and music. **It will be held at 1554 Princeton Ave, Trenton NJ, 08638.** You will not want to miss it! To register please contact Evelyn Sellas at Ext: 129.



**Food for Thought with Sesame Street:** This interactive workshop will be held for students of Head Start Smith Santiago and their families. The Sesame Street characters will discuss topics such as: eating healthy on a budget, making healthy choices, making connections, and family food talk.



**Active Parenting:** This 6 week curriculum is for parents and guardians. It supports childhood growth and development . It provides information and supports to prepare your children to triumph in society. Register for the orientation to learn more.

## Advocacy / Information and Referral



**General Services:** During this time families are welcome at our center to receive support. We are here to advocate for families, complete developmental assessments for children ages 0-5, as well as many more services. Drop in to learn about our programs and resources; no appointment needed. If you cannot make our walk- in hours, call us to schedule an appointment. Bilingual support is available.

## Life Skills



**MYA; Women and Friends Arts and Craft Group:** Join other moms for a morning full of creativity and fun. A PAB member, will be teaching mothers in the community how to make simple projects while they enjoy a fun evening with other moms. You will not want to miss it!



**Girl Scouts Meeting:** As of now the Girl Scout registration is closed. If you are interested in having your daughter participate in this group, please contact Brenmarie Rentas at Ext: 130 to put your child on the waiting list.



**Tutoring with STEMnaughts:** Kids from 3rd to 8th grade can bring their homework during a tutoring session. Stemnaughts students will be available to provide support and help. For more information, please call Brenmarie at ext. 130 or Evelyn at ext. 129.



**People and Stories:** Come and join us for 8 weeks in our women short story club. This is a great opportunity to bond with other women in the community. Together we will read short stories, have discussions, and share our own stories.

## Child Maternal Family Health Services



**NJ Family Care Applications:** If your family needs to apply for insurance through NJ Family Care a Well Care employee as well as Horizon NJ Health employee will assist you in completing applications, renewals, and answering questions. Bilingual support is available.



**Horizon NJ Health Workshop:** This presentation will be facilitated by Yvette Alvarez, a health educator from Horizon NJ Health. The topic for this month is colorectal cancer. Hope you join us.



**Breast Cancer Awareness Presentation:** This presentation will be facilitated by Mara Carrillo, a representative from NJ Ceeds. Methods for identifying and preventing breast cancer will be addressed during this presentation. You will not want to miss it!



**Diapers Party Event:** It will be a cost free activity in which each parent will receive a bag full of diapers. There will be food and activities for the family. It will be held at the Turning Point United Methodist Church: 15 South Broad Street, Trenton NJ 08608. You will not want to miss it!

## Protective Factors



Parental Resilience



Social Connections



Knowledge of Parenting and Child Development



Social and Emotional Competence of Children



Concrete Support in Times of Need

Thanks to our new Friends in the community for your donation:



The South Ward Family Success Center's mission is to support, educate, and unite families to thrive. Please call us to add your family to our mailing or email list in order to receive our monthly calendar of activities.