





# March 2019

	Monday 9-5pm	Tuesday 9-5pm	Wednesday 11-7pm	Thursday 9-5pm	Friday 9-5pm
 <p><b>Free Pregnancy Testing Every Thursday from 9:30am-12pm provided by Maternal/Child Health Team</b></p> <p>All are welcome at the Family Success Center!</p> <p>Bring your family, friends &amp; neighbors.</p> <p>To register for groups, to request our calendar of activities to be mailed to your home, or to learn more about our Center, please call us at <b>609-393-2980</b> or visit us at</p> <p><b>1554 Princeton Ave Trenton, NJ 08638.</b></p> 					<p>1 10am-12pm Fun with Books and Music (Spanish)</p>
	<p>4 11am-1pm Active Parenting</p>	<p>5 10am-12pm Parents United 12pm-1pm Story and Craft</p>	<p>6 5pm-7pm Parent Advisory Committee Meeting (PAC)</p>	<p>7 10am-12pm Kinship Group 9am-12pm Music fun for toddlers (offsite)</p>	<p>8 10am-12pm Fun with Books and Music (Spanish)</p>
	<p>11 11am-1pm Active Parenting</p>	<p>12 10am-12pm Parents United</p>	<p>13 5pm-7pm PAC Sponsored Activity Painting Palette</p>	<p>14 10am-12pm Music fun for toddlers (offsite)</p>	<p>15 10am-12pm Fun with Books and Music (Spanish)</p>
	<p>18 11am-1pm Active Parenting</p>	<p>19 10am-12pm Parents United</p>	<p>20 5pm-7pm PAC Sponsored Activity Family Bingo Night</p>	<p>21 10am-12pm Kinship Group 9am-12pm Music for toddlers (offsite)</p>	<p>22</p>
	<p>25</p>	<p>26 10am-12pm Parents United 12pm-1pm Story and Craft</p>	<p>27 5pm-7pm Girls Scouts Meeting</p>	<p>28</p>	<p>29</p>

***The Family Success Center's mission is to create a safe and diverse place where families are welcomed and supported through educational activities and social interactions in a non-judgmental atmosphere.***

\*Description of each activity can be found on the back of the calendar

# Description of Center Activities

## LIFE SKILLS

**Girl Scout Meeting:** During this time, your child will have fun and learn new skills every time we meet! This group is for girls who are in kindergarten and up. We meet the last Wednesday of every month. Come check us out from 5pm—7pm at our center.

**Parent Advisory Committee Meeting (PAC):** Join us to build a strong, caring community for everyone by volunteering or becoming a PAC member.

## PARENT-CHILD ACTIVITY

**Parents United:** This English and Slavic language parent-child interactive group is filled with activities to accompany well-known rhymes, songs, and chants. The activities help lay the foundation for reading by developing listening and oral language skills, comprehension skills, and the knowledge of recognizing letters, colors, numbers and shapes. The activities are just plain fun!

**Fun with Books and Music:** This program will encourage and develop the skill and ability of the parent to read books to the child at home. It includes both physical and emotional experiences. It creates a joyful atmosphere by using other modalities including music, dancing, arts and crafts, play and story telling. It assists in the facilitation of other cognitive skills such as talking, selected use of television, and community activities to help parents reduce their stress levels. It teaches the whole family how to enhance their cognitive environment. Families with children between the ages of 0-3 years old can participate in this program. (Held in Spanish)

**Story & Craft Time:** During this time we will explore, read and create!

**Family Bingo:** This parent-child activity is sponsored by Our Parent Advisory Committee. Come join us here at our Heritage North FSC.

**Music Fun for Toddlers:** This fun and interactive activity is for toddlers and their parents and will be held off site at Little Kids College and Little Explorers.

**Painting Palette :** This PAC sponsored activity will teach basic skills to create your own art masterpiece.

## PARENT EDUCATION

**Kinship Group:** This group is for caregivers who have taken on the responsibility of caring for their relatives' children and who are in enrolled in the Kinship Navigator program located on Bellevue Avenue in Trenton.

**Active Parenting:** A six week interactive curriculum/workshop on a parent's guide to raising happy and successful children.

## OTHER SERVICES

**Advocacy/Information and referral:** Families are always welcome at our center to receive information about our programs, services, and support. We advocate for families and provide resources. No appointment required.