

## Additional Services

- ♥ Breastfeeding support by Counselors
- ♥ Assistance in navigating Affordable health coverage
- ♥ Comprehensive case management
- ♥ Childbirth education and support
- ♥ Hospital orientation tours
- ♥ Soothing infant massage classes
- ♥ Community baby showers
- ♥ Linkages and referrals

## Locations

**Trenton (South):** 635 South Clinton Avenue  
Trenton, NJ 08611  
(609) 695-6274

**Trenton (North):** 1554 Princeton Avenue  
Trenton, NJ 08638  
(609) 393-2980

**WIC (Trenton):** 416 Bellevue Avenue,  
Trenton, NJ 08618  
(609) 498-7753

**Ocean County:** 1433 Hooper Avenue, Suite 121  
Toms River, NJ 08753  
(732) 557-5037

## For More Information

CALL 1-800-CHSOFNJ  
(609) 695-6274

Maritza I. Raimundi-Petroski, MPA  
EMAIL [mramundi@chsofnj.org](mailto:mramundi@chsofnj.org)  
Director, Maternal/Child Health, Family and  
Community Support Services



The  
Children's  
Home Society

O F N E W J E R S E Y®

Founded in 1894, The Children's Home Society of New Jersey is a nonsectarian, not-for-profit private agency that promotes the welfare of infants, children, adolescents and parents throughout New Jersey and Bucks County, Pennsylvania. As a comprehensive counseling, placement, parenting education and child care agency, CHSoFNJ touches the lives of over 44,000 children and families each year.

*We save children's lives and build healthy families.*

### Values

We value services that work, that are all evaluated, and that help children and parents to help themselves. Our services are delivered with dignity, cultural sensitivity and respect for our clients.

### Vision

Every child in a safe, caring, and permanent family. All children and parents have the skills and knowledge they need to help themselves long after our active case involvement has ended.

### Major Service Areas

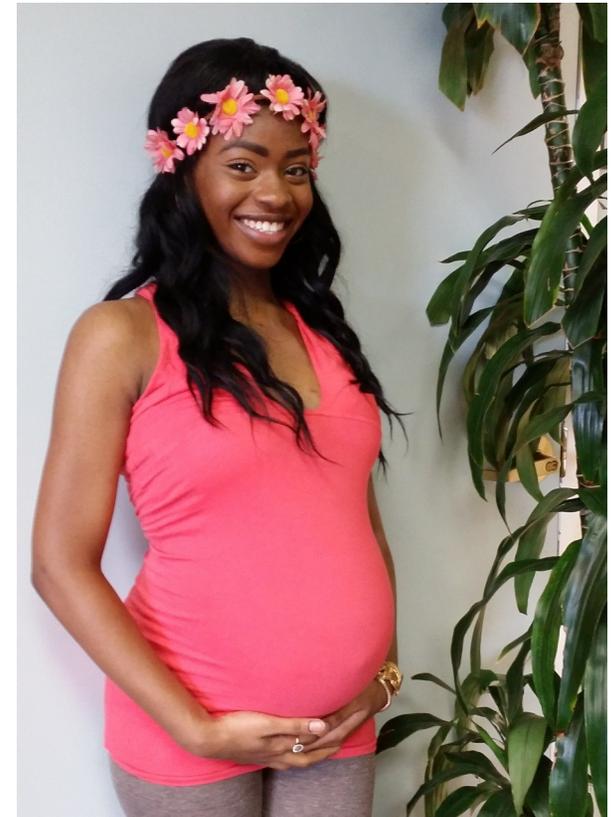
- ♥ Child Welfare/Permanency
- ♥ Clinical/Mental Health
- ♥ Early Childhood and Parenting Education
- ♥ Maternal/Child Health, Family & Community
- ♥ School Based
- ♥ Kinship
- ♥ Head Start/Early Head Start



Licensed Adoption Agency in New Jersey and Pennsylvania  
*CHSoNJ will not factor the Adoptive Family's race, ethnicity, national origin, religion, marital status, or sexual orientation into its decision to approve or not approve the Adoptive Family's home study.*

The Children's Home Society of New Jersey  
635 South Clinton Avenue, Trenton, NJ 08611  
(609) 695-6274 ♥ Fax (609) 394-5769  
[www.chsofnj.org](http://www.chsofnj.org)  
[www.facebook.com/CHSoFNJ](https://www.facebook.com/CHSoFNJ)

# Maternal Child Health and Supportive Services



The  
Children's  
Home Society

O F N E W J E R S E Y®

*Saving Children's Lives and Building Healthy Families Since 1894*

## Body & Soul

**B**ody & Soul is a 36-hour March of Dimes prenatal health program for pregnant women and women of childbearing age. The program's holistic approach includes a customized curriculum focused on healthy lifestyle choices and promoting harmony between mind and body to reduce stress for a healthy pregnancy and a healthy life.



## Improving Pregnancy Outcomes (IPO)

The Improving Pregnancy Outcomes Program: Every Woman Counts provides a variety of free health services and support to teens and women of childbearing age. Free and Confidential services include pregnancy testing, health and well-being classes, one-on-one support, informational resources, assistance with NJ Family Care applications, and referrals to WIC, Head Start, the Supplemental Nutrition Assistance Program (SNAP) and local health centers. The IPO program will offer workshops on nutrition, stress management, prenatal care, childbirth preparation, baby care, and safety, and will work with trained Community Health Workers to provide assistance in obtaining donations of folic acid, diapers, and other baby essentials.

## Free Pregnancy Testing

Free and confidential pregnancy testing is available at our Family Success Centers. Call today to schedule your appointment or to learn about our convenient walk-in test hours. Pregnancy test results are immediate, and are CLIA approved. Our friendly counselors are available to discuss your results and options and provide you with case management and refunds.

## Mercer County WIC Program

New Jersey's Women, Infants and Children (WIC) supplemental nutrition program helps pregnant, breastfeeding and postpartum women identify healthy food choices for themselves and their families. CHSofNJ is proud to sponsor the WIC program in Mercer County and provide these critical services to our community's women, infants and children up to age five:

- ♥ Vouchers for free, supplemental nutritious foods
- ♥ Nutrition education and counseling
- ♥ Breastfeeding education and support
- ♥ Health care referrals
- ♥ Immunization screenings
- ♥ Voter registration

WIC is an income-based nutrition program, and enrollment is open to all eligible applicants. To see eligibility requirements, visit [www.chsofnj.org](http://www.chsofnj.org) or [www.nj.gov](http://www.nj.gov).

## CUNA

CUNA, or "crib/cradle" in Spanish, is a health and social service program created for Mercer County's growing Latino community. CUNA provides linguistically and culturally appropriate prenatal and postnatal health education, parenting education, and support services for pregnant and parenting moms and dads in Mercer and Ocean County while promoting strong community support networks and friends.

CUNA is offered in partnership with Capital Health. Services are free and provided in a welcoming and supportive environment.



## The Trenton Women's Health Literacy Project

The Trenton Women's Health Literacy Project connects Mercer County's women and adolescent girls to important health care resources. CHSofNJ women's health advocates use a variety of free and confidential health examinations to identify appropriate health care linkages. Health advocates will also help participants complete the enrollment process for health insurance and prepare for various health care appointments.

Services are delivered in English and Spanish at various community locations throughout Mercer County.