What is the Early Head Start Home Based Program?

The Early Head Start Home Based Program is a comprehensive education program, designed to meet the needs of low income families of children from birth to age three and pregnant mothers. Early Head Start is aimed at enhancing the development of infant and toddlers while strengthening families.

Our mission is:
- To enhance the development of children birth to three and promote school readiness
- To promote healthy prenatal outcomes for pregnant women
- To promote healthy parenting and parent self sufficiency

Who do we serve?

Early Head Start Home Based Program serves:
- Children Birth to Age 3 years who meet The Federal Poverty Guidelines
- Pregnant Women
- Infants and Toddlers with disabilities
- Foster Children
- Homeless Children

Who can Refer?

- Personal Referrals
- Prenatal Clinics and Hospitals
- Community Providers
- Clergy
- Local County and State Government
- School Personnel
- Homeless Shelters
- Other Social Service & Child Care Agencies

*Our Program is Inclusive of Children with Disabilities

Our Services

Early Head Start Home Based Program provides quality early childhood education with parents and children through interactive child development activities during:

**Weekly Home Visits:** Home Visitors provide educational experiences with children and parents in the home, 90 minutes per week. Early Head Start supports parents in their roles as their child’s first and most important teacher.

**Group Socializations:** Parent and children attend socializations twice a month. Socializations are a time when parents and children participate in age appropriate child development activities that help children to develop new skills.

**Comprehensive Services:** Early Head Start provides wrap around supports to parents and children in the areas of Education, Health, Nutrition, Mental Health, Disabilities and Social Services.

**Pregnancy Home Visits:** Home Visitors provide educational prenatal visits with pregnant mothers twice a month for 60 minutes. Home visits focus on fetal development, health and nutrition; breastfeeding; labor and delivery; and postpartum care. Pregnant mothers may also participate in pregnancy groups and parent trainings.

We provide:
- Individualized Lesson Planning
- Health and Nutrition Screening
- Social Emotional Screening
- Early Intervention Referrals and Linkages
- Social Services Referrals and Linkages
- Mental Health Support and Linkages
- Family Goal Planning
- Parent Education

Parent Involvement in EHS

Parent Involvement is an integral part of the success of Early Head Start. Parents in Early Head Start take a leadership role by participating on various committees.
- Parents participate as decision makers
- Parents participate in program planning
- Parents participate in leadership training
- Parents work in partnership with staff and community leaders
Early Head Start Home Based Program

Remember...

Early Head Start Home Based Program enhances the lives of children and families through comprehensive services.

Our Program helps you:

♥ Prepare for the successful birth of your baby
♥ Enrich your child’s development through early learning
♥ Learn how to provide your child with a healthy and safe learning environment
♥ Reach family goals for success and independence
♥ Build confidence while learning more about yourself and your community

Contact Information
The Children’s Home Society of NJ
635 South Clinton Avenue
Trenton, NJ 08611

Call:
Hilda Villanueva, FCP Coordinator
(609) 695-6274
Monday - Friday 9am - 5pm

Email:
villanueva@chsofnj.org

Building the Foundation in Early Childhood Education in Trenton through Comprehensive Home Based Services for Children Birth to 3 years old and Expectant Mothers

The Children’s Home Society of New Jersey is a nonsectarian, non-for-profit private agency that promotes the welfare of infants, children, adolescents and parents throughout New Jersey and Bucks County, Pennsylvania. As a comprehensive counseling, placement, parenting education and child care agency, CHS of NJ touches the lives of 44,000 children and families each year.

We save children’s lives and build healthy families.

Values

We value services that work, that are all evaluated, and that help children and parents to help themselves. Our services are delivered with dignity, cultural sensitivity and respect for our clients.

Vision

Every child is in a safe, caring, and permanent family. All children and parents have the skills and knowledge they need to help themselves long after our active case involvement has ended.

Major Service Areas

♥ Child Welfare/Permanency
♥ Clinical/Mental Health
♥ Early Childhood and Parenting Education
♥ Maternal/Child Health, Family & Community
♥ School Based
♥ Kinship
♥ Head Start/Early Head Start

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635 South Clinton Avenue, Trenton, NJ 08611
(609) 695-6274 Fax (609) 394-5769
www.chsofnj.org
www.facebook.com/CHSofNJ