







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4	5 <b>Mother's Day Brunch</b> "My Mother, My Friend!" Expo & Workshop 9 AM—12 PM 	6	7 
8 <b>Happy Mother's Day</b> 	9	10 <b>Socialization</b> 10:00 AM—12:00 PM <b>Home Visitors:</b> Marshay & Raven	11 <b>Socialization</b> 11:00 AM—1:00 PM <b>Home Visitors:</b> Tania & Natalie	12 <b>Socialization</b> 11:00 AM—1:00 PM <b>Home Visitors:</b> Adriana & Priscilla	13	14
15	16	17 	18 <b>Special Needs Socialization</b> 10 AM—12 PM	19 <b>Group Socialization</b> 5 PM—7 PM	20	21 <b>Mother's Day Tea</b> 10 AM—12 PM
22	23	24	25	26	27	28
29	30 HOLIDAY <b>Memorial Day</b> 	31	<b>Mental Health Tip:</b> Mothers are hardworking and selfless people who rarely stop to take time for themselves. We nourish our bodies with food and water every day, but our mental health needs to be nourished just as much. Make leisure time a priority. Do things for no other reason than that it feels good to do them. Go to a funny movie, take a walk on the beach, listen to music, read a good book, or talk to a friend. Doing things just because they are fun is no indulgence. Play is an emotional and mental health necessity.			

Please contact your Home Visitor to confirm participation at Socializations. Thank you.