Just a Reminder for Family Child Care Providers
Effective October 1, 2010, all registered Family Child Care Providers need 20 hours of training every three years. This does not count toward your CPR and First Aid training hours. Please check our training schedules on chsfnj.org, Ocean County highlighted in yellow, Professional Development and First Steps Training or call 732-557-9633 Professional Development x105, First Steps x 143 for a schedule of trainings.

Child Care Centers and Family Child Care Providers Profiles Please!
The Division of Family Development has mandated that all regulated child care providers have updated information at The Children’s Home Society of NJ in order for our agency to give appropriate child care referrals and payment from the subsidy programs. If your license or profiles are not current we cannot refer you or pay you. Profiles are mailed out twice a year; our agency must receive at least one updated yearly. For questions please contact Barbara at x 105.

Child & Adult Care Food Program: Through CACFP more than 3.2 million children receive nutritious meals and snacks each day as part of the child care they receive. See how CACFP can make a difference in the quality of your program, whether you are a provider in a child care center or in an afterschool care program. Visit the website: www.fns.usda.gov/end/care or www.state.nj.us/agriculture/divisions/ fn/finaladult/food.html for further information. We also suggest visiting the website www.myplate.gov for menu planners, healthy eating tips and food group information. Family Child Care Providers: Contact Linda Stoemenos at 1-800-CHS-OFNJ, x146 to see about adding CACFP to your program.

Has spring sprung? I know the groundhog didn’t see his shadow so shouldn’t winter be gone very soon? It’s been so cold, but spring will come. It makes me wonder how much more snow fell than we are accustomed to seeing (or shoveling!).

The severe weather we experienced makes us question whether we are prepared for emergencies and/or disasters. We hear and read about personal stories all of the time but never want that story to be about ourselves or a loved one.

As a child care provider, it is essential that your program has a disaster preparedness plan in place. Do you have the answers to these 10 questions? If not, we may be able to help in creating an up to date plan.

1. Do you have an emergency preparedness plan for disasters that are likely to occur in your area? Share with parents regularly in newsletters; practice monthly; call CHS of NJ for technical assistance.
2. How will you safely evacuate the children in your care to a safe, predetermined location? Where will you move the children and how will they be moved? Have an alternate site available; have transport plans for infants and children who cannot walk; advise parents where to gather.
3. If a disaster occurs, how and when will you notify parents? Make sure you have phone work and cell phone numbers of parents; you should have an e-mail address for those parents that have one; update information regularly; get alternate contact information; utilize a telephone tree or designated radio station for information purposes.
4. Advise parents how their child will be cared for in the event they cannot get to their child during or after the disaster. Make sure all health information is up-to-date; make sure alternate contact information is up-to-date; periodically check that each child has a seasonal change of clothing in case of an emergency.
5. Provide staff training on how to respond to children’s physical and emotional needs during and after a disaster. Staff training is critical; children react differently at varying stages of development and varying types of temperament.
6. Teach pre-school and school aged children what to do during an emergency. Have appropriate drills monthly so that children are ready for an emergency; have parents participate in drills; have a disaster/supply kit with three days of supplies; involve parents with gathering supply kits; make sure there is three days of medication for children who require it.
7. Advise state and local emergency management agencies about your program. Call and verify that each is aware of who and where you are.
8. Solicit help from parents during and after any emergency or disaster. Familiarize parents with all policies and procedures and request their assistance in the event anything occurs; ask for volunteers in setting up supplies and procedures that will benefit everyone.
9. A procedure should be in place how parents will be notified about your plan to reopen after a disaster. Develop a plan and make sure that all parents are aware of what it might be necessary parents by phone or e-mail.
10. Take care of your own family. Make sure you have an emergency preparedness plan and practice it monthly also.

Marian Wright Edelman said, “We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee.” I hope this has been helpful,

Maureen Lawrence

On October 29th The Children’s Home Society was visited by many different characters for trick or treating. Staff member’s families and friends came by to show off their Halloween costumes and received some treats.
Helping Ocean County Families Through Child Care Subsidies

### Number of Families Served 2010

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### Number of Children Served 2010

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### Child Care Dollars Disbursed 2007-2010

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**Recognizing the generosity of...**

- Brownie Troop 170, Silver Bay School for donating a “Birthday Box”. The troop filled a box with all the paper products, party favors, cake mix, presents and more. The box was given to a lucky young lady who turned eight in December.
- Holy Trinity Lutheran Church, for collecting warm pajamas and donating them for our clients’ children.

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Thank you, to all our 2010 Santas!

Despite the economy’s effect on virtually everyone, our generous friends of the agency helped over 300 children have a brighter holiday this year!

Lisa Blackler
Boscov’s
Nancy Cameron & Son
Robin Emerson
Employee Center for Young Children
Episcopal Church Women
Girl Scouts of the Jersey Shore
The Goddard School
Eileen Graham
Haven at Silverwoods
Hilman, Inc.
Joyce Jones
Knit Wits
Lucas Family
Deborah Mason
Mater Dei Prep
Melodiers
Laura Memali
Mom’s Club of Jackson West
Morgan Stanley Smith Barney LLC
Mountain Hill School
Mulligan’s Bar & Grill
Kimberly Pacheco
Pajama Program, NJ Chapter
Payless Shoes
Melissa Przemielewski
Seventh-Day Adventist Church of Toms River
Shore Chiropractic
Rebecca Spears
TAMI, LLC
United Way of Ocean County